

APPLIED STRUCTURAL INTEGRATION
Professional
PRACTITIONER TRAINING
IN AUSTRALIA
Proposed September 2009



Produced by the Quantum Health Trust & Australian School of
Applied Structural Integration & Somatic Studies
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9 Nakina St, Southport 4215, Queensland, Australia

AUSTRALIAN PROFESSIONAL PRACTITIONER TRAINING

With the Faculty of the Australian School of
Applied Structural Integration & Somatic Studies
Training Producer: Linda McClure

Gold Coast, Australia

Table of Contents

Page:

3.	Training Dates
4. & 5.	Training Schedule
6.	Curriculum Description
7. - 8.	Required Booklist
9. - 11.	Student Addendum to the Practitioner Licensing Agreement
12. - 13	Student Cancellation & Refund Policy
14 - 16	Application to Train

THE AUSTRALIAN PRACTITIONER TRAINING

Presented by the Faculty of the Australian School of Applied Structural
Integration & Somatic Studies

Training Dates

Phase I (2 weeks residential intensive)

Proposed Dates:

11th September (Fri) to 26th September (Sat) 2009

(students leave on Sunday morning)

Phase II (approx 6 months) Supervised Independent Study

Phase III (5 weeks residential intensive)

2nd April (Fri) to 8th May (Sat) 2010

(students leave on Sunday morning)

Phase IV (approx 6 months) Clinical Practise

Phase V (2 weeks residential intensive)

19th November 2010 (Fri) through to 4th December 2010 (Sat)

(students leave on Sunday morning)

This phase is the competency assurance and graduation phase.

A Professional Career Training With
The Australian School of Applied Structural Integration
& Somatic Studies - Queensland

Training Schedule

Page 1 of 2

APPLIED STRUCTURAL INTEGRATION is a holistic process combining structural bodywork, movement education and dialogue in an exploration of how your body reflects your psyche. The goal is not only to produce physical changes but to educate and empower the individual to embody these changes and continue the process of growth and awareness for themselves.

THE TRAINING:

Phase I - Dynamics of Applied Structural Integration

This first phase is a two week residential intensive where students will be immersed in the experience of the work. Students begin their training in movement, anatomy, seeing structure in relation to balance and alignment, energy work, psychology, business and an introduction to the art of Applied Structural Integration.

Phase II - Supervised Independent Study

The second phase is a supervised 6 month independent study programme. Students will be assigned an academic adviser who will assist them over this phase to further knowledge of the body, its structure and potential. Students participate in distance study which includes anatomy, bodywork, physiology, structure and function of the body, psychology, movement and business studies.

Phase III - The Art of Applied Structural Integration

The third phase is a five week residential intensive that concentrates on knowledge of the bodywork and all related movement studies, communication skills and the psychological work of the Structural Integration series. Students take 2 practise clients and a fellow student through the entire Structural Integration Series with supervision and instruction. During this phase students integrate the components of Applied Structural Integration into a valuable professional skill base to begin work in private practice.

Phase IV - Building Your Practise

This phase is a six month "clinical practice" intern phase. Students will be required to complete 20 Structural Integration sessions per month (120 sessions over 6 months) and have the option to report back to their Academic adviser each month for supervision on progress with bodywork, movement, rapport with clients and business development.

Phase V - Competency Assurance & Graduation

This final phase is a two week residential where students come back to study and refine and advance all the topics of Applied Structural Integration, and take a final practise client through the entire Structural Integration series to gain final assessment of their competency to graduate. Graduation takes place at the end of this phase.

Our graduates are ready to move in to private practise and a new career as Applied Structural Integration practitioners.

APPLIED STRUCTURAL INTEGRATION **A PROFESSIONAL PRACTITIONER CAREER TRAINING**

Training Schedule

Page 2 of 2

FINANCIAL CONSIDERATIONS: Goods and Services Tax @ 10% is included in all amounts which are in Australian dollars unless otherwise stated.

Investment: \$25,000 Aust.

- Includes full tuition, shared accommodation and meals for all dates of the residential phases of the training (Approx 65 days).
- All sessions with Academic Advisers in Phase II and IV.
- Complete career training in all aspects of Applied Structural Integration.

APPLYING FOR THE APPLIED STRUCTURAL INTEGRATION PRACTITIONER TRAINING:

Prerequisites:

- Must be a minimum of 21 years of age.
- Must have a High School Education or equivalent level.
- Must have completed the Structural Integration Series with a Currently Registered and Certified Structural Integration Practitioner from the following Schools: Hellerwork, Roling, Kinesis Institute, Guild SI, .Applied Structural Integration.
- Must be able to speak, write and understand the English language to a level that enables the student to complete all assignments associated with the training to a satisfactory level.
- Must have a basic knowledge of Anatomy & Physiology (minimum 30 hour course).
- Must have completed an Introduction to Structural Integration workshop with Linda McClure or other approved Structural Integration introductory workshop, or in the case of applicants outside Australia a letter of recommendation from the Structural Integration practitioner they did their SI Series with. After completing prerequisites and sending in their application, the prospective student will go before a selection review committee to determine their overall readiness and commitment to the Training.

PAYMENT SCHEDULE:

- An application fee sent in with the application, of **\$200 in US dollars** or equivalent in Australian dollars (non refundable).
- First payment of **\$4,000** due after selection if doing the payment plan or for those paying up front **\$2000**.
- Remainder of payments over the course of the training as per payment plan outlined in the Student Training Agreement. **This payment option attracts an additional 8% loading.**
NOTE: Students can elect to pay the whole of the course fee up front at selection which will avoid the extra add on finance cost and receive a further goodwill discount payment of \$500 making the total training payment \$24,500.
- Refund schedule applicable as per the Student Contract.

WHO IS THE HELLERWORK TRAINING FOR?:

A professional career in Applied Structural Integration is for people who are dedicated to bringing love, empowerment, healing, partnership and success into their lives and into the lives of others. The main prerequisites are emotional, mental and spiritual maturity and a willingness and commitment to continue ones own path of learning.

For more information please phone or email:

Applied Structural Integration Practitioner Trainings
The Australian School of Applied Structural Integration & Somatic Studies
C/- Linda McClure Training Director,
9 Nakina St, Southport, Gold Coast,
Queensland, 4215
Australia
Ph: +61 (07) 5527-0333 Mob: 0439-799421 Email info@hellerwork.com.au

CIRRICULUM DESCRIPTION
Applied Structural Integration Practitioner Training

<u>COURSE</u>	<u>HRS</u>	<u>DESCRIPTION</u>
BODYWORK	500 Hrs	Principles of Applied Structural Integration I - III Techniques of Structural Bodywork I – III Bodywork Practicums with Models Documented in the field Clinical Practise (240 hrs unsupervised with supporting clinical documentation presented as a thesis)
MOVEMENT	195 Hrs	Human Evolution and Gravity Introduction to Human Movement Body Awareness and Movement Labs Movement Practicums 1 to 11 Communicating Movement Lessons Ergonomics & Application to form
PSYCHOLOGY	237 Hrs	Introduction to Psychological Inquiry Movement & Psychological expression Bodywork & Psychology I - III Theory and Practise of Dialogue Intra/Interpersonal Communications
ANATOMY, ASSESSMENT & PATHOLOGY	192 Hrs	Introduction to Body Systems Visceral Anatomy & Palpation Structural & Functional Assessment I – III Range of Motion Length Testing Range of Motion Strength Testing Myofascial Anatomy Dysfunction & Pathology Applied Human Anatomy/Physiology I - III Gross Anatomy Lab (where available)
BUSINESS/ETHICS	176 Hrs	Introduction to Marketing Practice Development I Practice Development II Business Standards, Ethics & Practise History of Structural Integration
TOTAL	<u>1300 Hrs</u>	

The practitioner training is on a pass/fail basis, with all students required to demonstrate a well-rounded understanding of the theory and principles of Structural Integration alongside all the supporting subject matter involved in a successful professional practice of Applied Structural Integration.

THE TRAINING REQUIRED BOOK LIST

Please NOTE non required books are marked (highly recommended)
Page 1 of 2

ANATOMY

- Anatomy Colouring Book 2nd Edition
Wynn and Kapit ISBN: 0-06455016-8
- Muscles Testing & Function 4th Edition **(highly recommended)**
(2nd or 3rd Editions are acceptable)
Kendal, Kendall & Provance, Williams & Wilkins ISBN: 0-683-04576-80
- Myofascial Pain & Dysfunction,
The Trigger Point Manual Upper & Lower Extremities,
By J.Travell & D. Simons ISBN: 0-683-08366-X
- Atlas of Human Anatomy
Frank Netter ISBN: 0-914168-18-5
- Colour Atlas/Text of Human Anatomy Vol 1,
Locomotor System By Werner Platzer ISBN: 0-86577-423-4 (TMP)
- Trail Guide To The Body 2nd Edition by Andrew Biel ISBN 0-9658534-1-1
- Anatomy Trains – by Thomas Myers ISBN 0-443-06351-6
- The Endless Web **(highly recommended)**
R. Louis Shultz ISBN: 155643228-3

MOVEMENT

- Anatomy of Movement
Calais-Germain ISBN: 0-939616-17-3
- Anatomy of Movement: Exercises
Calais-Germain ISBN: 0-939616-22-X

PSYCHOLOGY

- Embracing Ourselves, The Voice Dialogue Manual
Hal Stone Phd & Sidra Windleman ISBN: 0-931432-45-6
- Hakomi: Body Centered Psychotherapy
Ron Kurtz ISBN: 0-06-500772-7
- Personality & Personal Growth
Fadiman & Frager, ISBN 0-06-506772-7

BODYWORK

Biomechanical Assessment Manual of the Myofascial System By Donna Bajelis PT Cost \$15 Aud (from the School)

Biomechanical Assessment DVD By Donna Bajelis PT **(highly recommended)** Cost \$20 Aud (from the School)

Bodywise
Joseph Heller ISBN: 0-914728-73-3
Can be purchased through
Josephs Website see www.hellerwork.com
Or at the start of Phase 1 Cost \$38 Aud

Rolfing
Ida P. Rolf ISBN: 0-89281-335-0

Anatomy Trains
Tom Myers ISBN: 0-44306351-6
view www.harcourt-international.com

BUSINESS

Business Mastery: A Business & Planning Guide ISBN: 0-9621265-3-5
Cherie Sohnen-Moe, SMA Press, 2nd Edition

The Business Marketing Manual
Available from the School \$25 Aud

(Highly Recommended)
7 Habits of Highly Effective People
Stephen R. Covey ISBN: 0-671-70863-5

THE AUSTRALIAN APPLIED STRUCTURAL INTEGRATION PRACTITIONER TRAINING STUDENT ADDENDUM TO THE PRACTITIONER LICENSING AGREEMENT

Page 1 of 3

This document details the requirements that the Australian School of Applied Structural Integration has of students from phase I through to their graduation. In particular it lays out our requirements of students during their Phase IV clinical practice phase and the Financial Payment Plan.

To attain entry in to phase 5 students must complete 120 sessions of Applied Structural Integration (ASI), 66 of which will be associated with a full Series (6 clients through a complete SI Series). During the final days of the Phase 3 Residential Intensive and before Phase 4 Clinical Practise is started Students will sign the full Practitioner Licensing Agreement. This is in accordance with Students moving in to the Internship phase of their training where they will be working on members of the general public over the course of completing their 120 sessions and will be representing Applied Structural Integration to their clients.

At the end of phase IV the student will make up 2 Phase IV files that include photocopies or scans of photos taken, along with each client intake form and clinical notes for each session as discussed in Phase 3, and a 1 page report for each series completed. For sessions that were not a complete series write a brief 1 or 2 paragraph summation about the work that was done. One copy is to be sent to your Academic Adviser and one copy given to the training director, by the dates advised.

The Student can meet with their Academic Adviser either in person or by phone for one hour, once per month (6 in total) to review and discuss their progress. This is a mandatory supervision session and it is up to each student to initiate this and book in the appointments ahead of time. Phone calls are at the students expense.

1. During Clinical Practise Phase IV each student will send their Academic Adviser a monthly clinical report detailing their general progress on the forms provided . The Student will meet either in person or by phone for one hour, once per month for what is considered in this phase as professional supervision of their clinical practise where aspects of the students session work both difficult and successful are discussed. The following details the clinical practice and documentation process required for phase 4.

Over this time students will perform a minimum of 120 Applied Structural Integration sessions on clients, of which 66 will be associated with a full Applied Structural Integration Series. See below for details.

- a) 120 Applied Structural Integration sessions (minimum of 90 minutes each session) of which 66 are to be from taking 6 clients through a complete series. The rest can be random sessions ranging from one off to multiple sessions from the Hellerwork Series, although it is recommended to do as many series as possible within the 120 session requirement.
- b) Photographs B1, A1, A3, A7, A10. Please Note: even if you only do one session with a client, you must write up the intake form with notes from the session done, plus B1 & A1 photographs, as well as the client verification form. If you take a client through 3 sessions you will do B1, A1 & A3 etc.
- c) Two copies are to be made of your photographs, along with intake form and session notes, plus the 1 page report summarizing your experience of each completed series, and 1 or 2 paragraphs for random sessions, along with the session documentation/verification form. If you are doing multiple sessions with a client, one verification form will suffice.
- d) All documentation is to be presented professionally in a binder, and completed no less than 2 weeks before the start of Phase 5, and brought to the training for phase 5. Make sure to schedule your sessions so that all the documentation is completed on time.

2. Phase V is a Competency Assurance and Graduation Residential Intensive. Each Student will perform the series on a model demonstrating their competency in all aspects of Applied Structural Integration.

You The Student Will:

1. Complete all aspects of the Applied Structural Integration Training.
PLEASE NOTE All documentation by the student during Phase II and Phase IV will be electronic, therefore students are required to be computer literate and to have access to an on line facility whereby all their homework and reports are done digitally and emailed to their Academic Advisers and the Training Administrator.
2. Pay the initial deposit of \$4,000 or \$2,000, depending on payment option you take (see below), after successfully completing the selection interview.
3. Select one of the following tuition payment options and agree to pay on or before due dates.
 - a) **Paying in full:** All amounts given are in Australian dollars
Pay by 9th August 2009 the sum of \$24,500 which includes a goodwill discount of \$500, less the \$2,000 deposit paid after selection = Total \$22,500 For all payments please check with the Australian training administrator for bank account details.OR
 - b) **Payment Plan**
(Please note this option attracts an account loading of 8% on \$25,000)
Pay an initial deposit of \$4,000 Aust. immediately after selection or equivalent amount in \$Usd.

Pay the sum of \$7,140 Aust. 9th August 2009

Pay the sum of \$8,660 Aust. by 9th March 2010

Pay the sum of \$7,200 Aust. by 1st November 2010
4. Attend the Phase I Residential Intensive on the Gold Coast of Queensland, Australia in its entirety and complete all the course work within this phase to the satisfaction of the faculty.
5. Complete all Assignments associated with Phase II Independent Study Phase by the due dates (to be advised during Phase I) to the satisfaction of the faculty.
6. Attend the Phase III Residential Intensive on the Gold Coast of Queensland, Australia in its entirety, completing all the course work including a total of 3 Series (3 x 10 sessions) on clients within this phase to the satisfaction of the faculty.
7. Complete all course work and reports associated with Phase IV Clinical Practise including the 120 sessions of Applied Structural Integration on clients, by the due dates to the satisfaction of the faculty. Supervision with an Academic Adviser is mandatory, and is available for up to 1 hour or parts thereof per month. You the student will cover the cost of the phone calls.
8. Attend the Phase V Competency Assurance and Graduation Residential Intensive on the Gold Coast of Queensland, Australia, in its entirety, and complete all the course work within this phase to the satisfaction of the faculty.
9. Provide the required textbooks necessary to complete the Phase II Independent Study course work. Please note books can be obtained second hand in many instances on Amazon Books.
10. Provide a bodywork table to use during Phase II, Phase III & V Residential Intensives of the Practitioner Training. Must have adjustable legs to 500 mm. Alternatively students may hire tables from the Training School. Please book early.

The Australian School of Applied Structural Integration Will Provide:

1. Complete instruction in Anatomy, Physiology, Principles of Movement, Psychology, and Business Studies as they relate to Applied Structural Integration.
2. Complete training in the performance of Applied Structural Integration sessions, including bodywork, movement education and dialogue.
3. One hour of instruction and feedback with your Academic Adviser for each assignment from Independent Study course work during Phase II of the training, 11 in total. This is usually by phone but where possible, in person. The Student will arrange the appointment, and Academic Adviser will initiate the call (cost of the 1 hour call from the Adviser covered by the training)
4. Optional meetings for the student during the clinical practice phase 4, for a total of 1 hour each month, usually by phone, but where possible, in person. These appointments are initiated by the student and are mandatory – Student covers the costs of the phone calls. Please note we highly recommend students register for Skype as this is a free service.
5. Accommodation for all Residential Intensives starting from the day of the stated start date of training and finishes on the last day of the training which includes the last nights accommodation. Students leave the morning of the next day.
6. Note: If students wish to come earlier or stay longer they must inform the Training Administrator and extra charges will apply (please confirm these costs with the administrator). Although this is unlikely the Training Administrator reserves the right to increase these charges as they relate to any cost of living increases that may arise over the 14 months of training.

EXECUTED This _____ Day of _____ 200

At _____

Signed: _____

For The Australian School of Applied Structural Integration

Student Practitioner

Print Name: _____ Print Name: _____

Witnessed: _____

Print Name: _____

The Australian School of Applied Structural Integration & Somatic Studies, of 9 Nakina St, Southport, Queensland, Australia is an International Association of Structural Integration approved school. Enquiries or complaints regarding this school and the training may be made in writing to:

The Board of Directors
INTERNATIONAL HEADQUARTERS
 C/- Marilyn Beech
 Association of Structural Integrators
 P.O. Box 8664
 Missoula, MT, USA 59807
Info@TheIASI.org
 +406-543-4856
 +877-843-4274

OR

The Board of Directors
Australian School of Applied Structural
Integration & Somatic Studies,
 9 Nakina Street, Southport,
 Queensland 4215, Australia.
quantum@onthenet.com.au

STUDENT CANCELLATION & REFUND POLICY **APPLIED STRUCTURAL INTEGRATION PRACTITIONER TRAINING**

The Australian School of Applied Structural Integration & Somatic Studies is hereinafter referred to as 'The School'

Refunds Before Entering Class

1. You will receive a full refund of tuition costs if you withdraw not later than midnight of the fifth day (excluding weekends and holidays) after signing the contract or making an initial payment provided you have not commenced the training.
2. You will receive a full refund of accommodation costs less any venue booking fees incurred by the school if you withdraw not later than midnight of the fifth day (excluding weekends and holidays) after signing the contract or making an initial payment provided you have not commenced the training.
3. After 5 business days (excluding weekends and holidays) an establishment fee equal to 10% of the total Phase 1 & II cost will be retained including any venue booking fees incurred by the school if you withdraw later than midnight of the fifth day (excluding weekends and holidays) after signing the contract or making an initial training payment provided you have not commenced the training.

Refunds After Entering Class

The following is a minimum refund policy for the Practitioner Training. All refunds must be paid within thirty days of the student's official date of termination.

If the Student commences these Phases of the Training The School will keep this % of Training Costs.

Phase I - 2 Week Residential Intensive in Australia and	\$8,500 - Payment Plan add on \$850
Phase II - Independent Study with Academic Adviser	
Phase III - 5 Week Residential Intensive In Australia	\$9,500 - Payment Plan add on \$950
Phase IV - Clinical Practise Phase with Supervisor	\$2,500 - Payment Plan add on \$250
Phase V - Competency Assurance & Graduation in Australia	\$4,500 - Payment Plan add on \$450

Official Termination

The official date of Termination of a student shall be:

1. When The School receives written notice of the student's intention to discontinue the training.
2. When the Student is terminated for a violation of a published School Organizational policy that provides for termination.
3. When a student, without notice to the school fails to attend classes for 30 calendar days.
4. By termination by The School
5. When a Student fails to maintain satisfactory progress, violates safety regulations, interferes with other students work, is disruptive, vulgar or obscene, under the influence of alcohol or drugs, does not make timely training payments or does not abide by the code of ethics of the International Association of Structural Integrators, is subject to immediate termination (given in writing).

STUDENT CANCELLATION & REFUND POLICY

Cancellation of Classes

The School reserves the right to cancel a starting class if the number of students enrolling is deemed insufficient. Such cancellation will be considered a rejection by the school and the student is entitled to a full refund of all money less the student's application fee of \$200 that was paid at selection. This fee may be carried over for students wishing to reschedule their training to the next training with The School if this is taken up within 3 years.

Notice to Buyer

Do not sign this document/agreement before you read it or if it contains any blank spaces. This is a legal document. All pages of this agreement are binding. Read and initial all pages before signing.

You are entitled to a copy of this agreement and any other paper you may sign.

Cancellation

You may cancel this contract by submitting written notice of such cancellation to The School at its address on the contract, which notice shall be submitted not later than midnight of the fifth day (excluding weekends and holidays) following your signing this contract, or the written notice may be personally or otherwise delivered to The School within that time. In the event of dispute over timely notice, the burden to prove service rests on the sender.

Unfair Business Practise

It is an unfair business practise for the School to sell, discount or otherwise transfer this contract or promissory note without the signed written consent of the student or his/her financial sponsors and a written statement notifying all parties that the cancellation and refund policy continues to apply.

Effective Date of Acceptance

- I certify that:
- (1) I have read and understand the cancellation and refund policy and the complaints procedure and
 - (2) I have received a copy of the Training Schedule and
 - (3) I am entitled to an exact copy of this enrollment agreement or any other papers I may sign pertaining to The School's Practitioner Training.

I hereby agree to abide by the conditions set forth herein. In addition, I understand that I cannot represent myself as a Certified Applied Structural Integration Practitioner until I have signed and accepted the terms of the Practitioners Licensing Agreement upon completion of Phase III of this Training.

Executed This _____ Day in the Month of _____ Year _____

Signed Student: _____ Print Name: _____

Training Provider: _____ Print Name: _____

(For the Australian School of Applied Structural Integration & Somatic Studies)

Witnessed: _____ Print Name: _____

APPLICATION FOR THE PROFESSIONAL PRACTITIONERS TRAINING

With The Australian School of Applied Structural Integration
& Somatic Studies - Queensland Australia

Instructions:

Please type in the body of this application saving a copy to your files in pdf form. Answer all questions completely. If you require more space to answer the questions please create additional pages. All completed applications must be in electronic form and emailed to info@hellerwork.com.au

If this is impossible for you to do, then please type your answers to the questions on a separate document and along with this application, post to:

The Professional Practitioner Training
Australian School of Applied Structural Integration & Somatic Studies,
9 Nakina Street,
Southport,
Queensland 4215

Attach two scanned full-length photographs one front view and one profile.

An application fee of \$200US (converted into Australian dollars) - non refundable

Please contact us on info@hellerwork.com.au for direct banking details

As part of our responsibilities to applicants we advise you that there may be additional requirements in your country, state or locale to enable you to practice Applied Structural Integration. It is part of your responsibility to research what they may be. All information contained herein is treated with the utmost confidence and is retained securely at the offices of the Australian School of Applied Structural Integration and Somatic Studies.

Personal Information:

Name:

Current Occupation:

Address:

City/State/Zip Code/Country:

Length of time at current address:

Work Phone

Home Phone:

Mob:

Email:

Date of Birth:

Age:

Height:

Weight:

Married:

Yes

No

Committed Partnership:

Yes

No

Have You Been Married Before:

Yes

No

Do You Have Children:

Yes

No

If so, how many:..... What are their ages:

If you have children who live with you, what are your plans for their care during the residential intensive phases of the training?

Who are you currently employed by?

For how long?

Business Contact Address

Business Phone: .Email:

If not currently employed what is your situation?

Please Provide Your Employment History

Educational Experience:

High School Grad: Yes No If No, your age at High school leaving:

College Graduate: Yes No Years in College/University:

College or University Attended:

Degrees Attained:

Other Significant Educational Experience:

Continuing Education:

Trainings

Other:

Licensing/Certification

List currently held licenses and or credentials e.g. (MD., Attorney, PT., OT., CPA., Pilot, Teacher, Nurse, etc):

Since: Since:

Since: Since:

Financial Information: (if you are paying in full you don't have to provide this information but we do recommend that you create a business plan anyway, and we are happy to discuss this as part of your selection interview).

Annual Income Net Worth (Assets less liabilities) i.e. own house, car, cash in bank, investments etc.

Please present your plan for paying for your Practitioner Training and for covering any commitments you have outside the training e.g. mortgage payments, hire purchase, other loans, credit card, etc. whilst in training and for your first few months in private practice. Please present your options should this business plan not work. Please be very detailed and specific. Attach this as a separate sheet if necessary. The School wants to support students in being clear and creative about the financial considerations around their training. Remember we are available to discuss your plans and options.

Please consider your application thoughtfully – we value an honest open appraisal that accurately reflects your experience. We find it is helpful to discuss (where appropriate) your thoughts and feelings about the questions in the application, with friends and family that know you well, to help you compose an in depth and well rounded application.

1. Why do you want to be a Structural Intergration Practitioner?

2. What do you consider your 3 major personal accomplishments in life?

3. As a Structural Intergration Practitioner you may be working with people of all ages who have a variety of backgrounds, personal histories, and personal problems. People may experience a wide variety of emotional or physical reactions during sessions including anger, sadness, joy, and physical or emotional discomfort. It is important that practitioners possess the ability, desire and emotional maturity to work intimately with others.
Please discuss what life experience and personal traits you have that indicate your ability to handle these types of situations. Include any concerns that you may have in this area.
Please Rate your overall readiness in this area on a 1 - 10 scale:_____

4. As a Structural Intergration Practitioner you will physically touch and work with people's bodies . Please discuss your feelings about working with people in this manner.

5. As a Structural Intergration Practitioner you will use your body in an active way. Describe your body, what lessons you have already learned from your body. Considering the physicality of Structural Integration how do you feel your body will support you in your work as a Practitioner. Please discuss any concerns you may have.
Please rate your overall physical readiness on a scale of 1 – 10_____.

6. What bodywork or movement work have you personally experienced, and what were the results for you?

7. Although there is a growing acceptance for this type of work, Structural Intergration Practitioner are still "pioneers" so to speak. This demands initiative, confidence and most of all commitment. Discuss what this means for you at the moment.
Please rate your overall readiness in this area on a scale of 1 to 10._____

8. Undertaking a major career change often requires the support of others in one's life. Discuss how your close family and friends feel about your choice and what support you could expect from them. Please consider this carefully.

9. What are your greatest potential strengths and what might be your weaknesses as a future practitioner?
Please note that understanding what one does know is as important as knowing what one doesn't know.

10. Please discuss any concerns and/or questions you have about becoming a Structural Intergration Practitioner.

11. Have you read and do you clearly understand all of the provisions of the licensing agreement? Are you in agreement with the principles involved in this contract?

12. Imagine that it is ten years from now. Write a brief outline of what you have accomplished in the last ten years.

For Any further information contact the Training Director Linda McClure on info@hellerwork.com.au or phone Australia +61 (7) 55270333 Within Australia (07) 55270333