



The Australian School of Applied Structural Integration & Somatic Studies presents:

The Essential Skills of Applied Structural Integration

A 3 Day Workshop Date: Friday 12, 13, 14 June 2009 (9 am - 5.30 pm) **Gold Coast QLD**

This course is approved for 24 Category 1 IASI CE credits and suitable for AMT CE points

Immerse yourself in the principles of Applied Structural Integration, combine it with Movement Analysis, and the exciting field of the body/mind and you have a unique opportunity to develop and expand your knowledge base. You will have the opportunity to learn new ways of viewing and working with the human body that will change the way you practise.

This workshop is ideal for those who are looking for a change or who want to inject new life in to their work.



Applied Structural Integration holistically combines bodywork, movement, and psychology in an educational process that empowers clients to become aware of how they use their body and how they can become more flexible, balanced and freer. Learning to work in this way can change your relationship with yourself, with others, and the world you live in. Our workshops have ample experiential opportunities so students get to learn and embody the techniques by giving and receiving sessions under expert supervision.

Learning Outcomes:

- A range of touch techniques will be explored including our unique three dimensional method of Myofascial Restructuring.
- Body Reading & Assessment - Understanding Structural, Functional, Psychological & Energetic patterns to help design an effect treatment plan.
- Somatic Psychology - Learn how our Physiology & Psychology interface and influence our potential to change.
- Body Mechanics - Saving our hands, back & neck for a successful professional life - Excellence with Ease
- Dialogue Tools - Get clear on the language we use with our clients and become good communicators.

Date

12 - 13 - 14 June 2009 (9am - 5 .30 pm)

Venue:

Quantum Health House.
9 Nakina Street, Southport, Q4215

For further enquiries contact us at:

info@hellerwork.com.au or Ph: (07)55270333

To Reserve Your Place

Write Cheque to: Quantum Health

Post To:

Workshop Co-ordinator
Australian School of Applied Structural Integration
& Somatic Studies,
9 Nakina Street, Southport, Q4215, Australia.

Please include name, phone & all contact details.
For direct credit to our bank please contact us.

Cost \$395 Aud

Deposit \$150

Earlibird \$375 if paid in full by 10th May 09

Website: www.hellerwork.com.au

The Presenter

Linda McClure has been on faculty at Hellerwork International since 1996. A certified Hellerwork Trainer and teacher, Linda runs stimulating and knowledge packed workshops throughout Australia and Internationally.

She is co-director of the Australian School of Applied Structural Integration & Somatic Studies on the Gold Coast where Applied Structural Integration Practitioner Trainings take place.

Her Structural Integration academic background was influenced by founding greats such as Judith Aston, Ron Kurtz and Joseph Heller. A graduate of the Aston Patterning Movement program, Hakomi

Integrative Somatics & Body Centered Psychology trainings Linda continues to have a deep interest in how the psychology of the mind effects the physiology of the body. She is currently furthering her counselling studies in the Masters program at the University of New England, New South Wales, Australia. Linda works at the Quantum Health Trust as a Hellerwork Structural Integration practitioner specializing in pre and post operative orthopedic rehabilitation.

She also is in private practise as a somatic psychotherapist and counsellor.

